

## Personal guide to restaurants in Mougins and the surrounding area

**Mougins. The culinary capital of the Côte d'Azur. Where to start with a restaurant recommendation...**

For flavour, presentation, setting and value for money, Denis Fétisson's converted olive mill, **L'Amandier**, wins our vote. On a warm evening, with its elevated terrace, L'Amandier (tel. +33 (0)4 93 90 00 91, [www.amandier.fr](http://www.amandier.fr)), is a superb setting with fabulous views back towards our villa. You'll find it at the entrance to the village.



A first visit to these parts should include a meal at the "centre" of the village at **La Place de Mougins** (tel. +33 (0)4 93 90 15 78, [www.laplacedemougins.com](http://www.laplacedemougins.com)). Also owned by Denis Fétisson - try his inventive tasting menu based around a seasonal ingredient, or the great value lunch.



For us, a week in Mougins will also usually involve a trip to see flamboyant host, Gregory, at **Le Resto Des Arts** (tel. +33 (0)4 93 75 60 03, <http://le-resto-des-arts.pagesperso-orange.fr/acceuil.html>). Very relaxed and always busy, he offers a good value menu, which is full on flavour. Steak frites at its best. Needs to be booked ahead.

Next door is **Le Petit Fouet** (tel. +33 (0)4 92 92 11 70, [www.lepetitfouet.fr](http://www.lepetitfouet.fr)). Small (as the name suggests), but cosy with an excellent host in Sebastien. Reliably great flavours from Lyon and the South-West, such as soupe à l'oignon or confit de canard.

A lovely setting both inside and outside, **Brasserie de la Méditerranée** (tel. +33 (0)4 93 90 03 47, [www.restaurantlamediterranee.com](http://www.restaurantlamediterranee.com)), is also a favourite of ours with a very affable host, Nico. Well-presented food on a choice of good value menus.



Especially on a colder day, the cellar dining room (once the village stables) of **Le Bistrot** (tel. +33 (0)4 93 75 78 34, [www.lebistrotdemougins.com](http://www.lebistrotdemougins.com)), makes for an atmospheric dining experience. Tasty, traditional food. Think stuffed courgette flowers and calamari risotto. They have some great wine at reasonable prices on their list.

**Le Candille Restaurant** at Le Mas Candille hotel in Mougins does fabulous fine dining with a Michelin star in a more formal setting (tel. + 33 (0)4 92 28 43 43, [www.lemascandille.co.uk/restaurant/restaurant-le-candille/](http://www.lemascandille.co.uk/restaurant/restaurant-le-candille/))

In general, France does not do Asian food too well, but if in need of spice, a good option is **The Curry House** (tel. +33 (0)4 92 92 96 98, [www.curryhouse06.com](http://www.curryhouse06.com)) which does a nice curry in a cute part of the Old Village.



Out of the Old Village, there are several restaurants on Avenue St Basile. The best is **Le Clos Saint Basile** (tel. +33 (0)4 92 92 93 03, [www.clossaintbasile.fr](http://www.clossaintbasile.fr)). A small but regularly changing menu, beautifully cooked in an intimate setting. In the summer, eat in their delightful garden.

A short drive north or south will give you the dining options of Valbonne and Cannes. Lunch, on a sunny day in Valbonne, is very pleasant at any one of the restaurants in the central Place des Arcades.

**La Table by Richard Mebkhout** (tel. +33 (04 92 98 07 10) just off the square is a very good option for an evening meal.

For something more special, **Restaurant Daniel Desavie** (tel. +33 (0)4 93 12 29 68, [www.restaurantdanieldesavie.fr](http://www.restaurantdanieldesavie.fr)) has a well-earned reputation just outside of Valbonne.



In Cannes, our favourites include **Bistrot Gourmand** (tel. +33 (0)4 93 68 72 02, [www.bistrotgourmandcannes.fr](http://www.bistrotgourmandcannes.fr)) for inventive French, and **Astoux et Brun** (tel. +33 (0)4 93 39 21 87, [www.astouxbrun.com](http://www.astouxbrun.com)) for fresh seafood near the port. That said, there is great relative newcomer – **La Môme** (tel. +33 (0) 4 93 38 60 95, [www.lamomecannes.com](http://www.lamomecannes.com)) – where you will find well-cooked and beautifully presented cuisine in a chic environment. In the summer the funky bar on the opposite side of the road and the restaurant spill out to meet in this pedestrianised street, just a few rows back from la Croisette.

It's always fun to go for a cocktail first at 360 Lounge Bar at the Radisson Blu.

Also worth knowing, a 15 minute taxi ride away in Vallauris, is **Café Llorca** (tel. +33 (0)4 93 33 11 33, <http://www.alainllorca.com/en/restaurants/cafe-llorca-vallauris-bistrot-chic/>). Style and substance!



Combine a day in Nice with lunch at **Le Plongeur** (tel. +33 (0)4 93 26 53 02, <http://www.leplongeur.com>), just around from the port. A truly spectacular and unique setting.

Or a day at the beach at Cap d'Antibes with Raviolini aux artichauts at **Restaurant Le César**, Keller Plage (tel. +33 (0)4 93 61 33 74 [www.restaurant-plage-cesar-antibes.fr/restaurant-antibes](http://www.restaurant-plage-cesar-antibes.fr/restaurant-antibes)) – Sue's "second favourite place in the whole world"; after Villa Oleander, in case you needed to ask!





## And there's more....!

Outside of the above restaurants that we frequent ourselves, we have picked up other recommends from our guests over the years ...there are so many great restaurants, its hard to know where to stop so here are just a few we thought we'd share:

### Trattoria Quatro



(next to the Bastide de Valbonne)

1288 Route de Cannes, Valbonne

Tel : 04 93 75 12 56

[www.restaurant.trattoriaquattro.com](http://www.restaurant.trattoriaquattro.com)

Delicious pizzas and pasta in a courtyard style setting, 2 mins drive from the villa on the road to Valbonne.

### Auberge Provençal

Place des Arcades, Valbonne

Tel: 04 93 12 29 73

[www.auberge-provençal-valbonne.fr](http://www.auberge-provençal-valbonne.fr)

Lovely restaurant, with great service and interesting menu with French favourites and some interesting new dishes. Good for families and also special occasions.



### Lougolin



381 Route de Plascassier, 06130 Grasse (just down the road towards Grasse off the Plascassier roundabout)

Tel: 04 93 16 14 44 [www.lougolin.com](http://www.lougolin.com)

Gorgeous restaurant with views over Grasse and out to sea. Mediterranean dishes served beautifully with friendly service and excellent prices for 3 course menus.

### Zucchini Blossom

1283 Chemin de la Plaine, 06250 Mougins  
(at the bottom of the street, past the industrial zone, off to the left on the beaten track!)

Tel: 04 92 99 29 19

[www.zucchini Blossom restaurant.com](http://www.zucchini Blossom restaurant.com)

Great for lunch, casual, relaxed atmosphere, perfect with kids. They do the best home made burgers, barbecues and tasty vegetarian options



### Auberge du Vieux Château



Place Mirabeau, 06530 Cabris

Tel: 04 93 60 50 12

[www.aubergeduvieuxchateau.com](http://www.aubergeduvieuxchateau.com)

Very charming hotel and restaurant on top of a hill with 360 views. Great French food and service.

### Marco Polo

47 Avenue de Lérins  
06590 Theoule Sur Mer

Tel: 04 93 49 96 59

[www.marcopolo-plage.com](http://www.marcopolo-plage.com)

Beautiful beach club setting, where you can hire a sun lounger and spend the day and enjoy lunch too.



### La Tonnelle



Ile Saint Honorat

Tel: 04 92 99 54 08

[www.tonnelle-abbayedelerins.fr](http://www.tonnelle-abbayedelerins.fr)

This is a lovely day out, you can park your car in parking Quai Labeuf in Cannes across the road from the Radisson Hotel and take the ferry to the islands, please check the ferry times prior to departure and return times once you get there (04 92 98 71 38). On Ile Saint Honorat there is a monastery where they make their own wine and olive oil. You can book a retreat there with the monks...along with a vow of silence during your stay! It is a lovely walk around the island. The restaurant has a gorgeous setting with sea views.