

Our personal guide to restaurants in Mougins and the surrounding area

Mougins. The culinary capital of the Côte d'Azur. Where to start with a restaurant recommendation...?

Mougins Old Village



For flavour, presentation, setting and value for money, Denis Fétiçon's converted olive mill, **L'Amandier**, wins our vote. On a warm evening, with its elevated terrace, L'Amandier (tel. +33 4 93 90 00 91, www.amandier.fr), is a superb setting with fabulous views back towards our villa. You'll find it at the entrance to the village.



A first visit to these parts should include a meal at the heart of the village at **La Place de Mougins** (tel. +33 4 93 90 15 78, www.laplacedemougins.com). Also owned by Denis Fétisson, this is more formal than l'Amandier with inventive tasting menus often based around a specific seasonal ingredient. At the higher end from a price perspective, but great value for lunch.



A lovely setting with its clever inside-out layout, **Brasserie de la Méditerranée** (tel. +33 4 93 90 03 47, www.brasseriemediterranee.fr), is also a favourite of ours with a very affable host, Nico. Well-presented food at a reasonable price. Pictured here on the right with Le Bistrot in the background.



Especially on a colder day, the cellar dining room (once the village stables) of **Le Bistrot** (tel. +33 4 93 75 78 34, www.lebistrotmougins.com), makes for an atmospheric dining experience. Tasty, traditional food. Think stuffed courgette flowers and calamari risotto. They have some great wine at reasonable prices on their list.



Following a change in ownership in the last couple of years, **Resto des Arts** (tel. +33 4 93 75 60 03, www.restodesarts.com) has reinvented itself. It offers casual dining with a blend of Asian and the Mediterranean cuisine. Lots of outdoor seating and always very popular.



Next door is **Le Petit Fouet** (tel. +33 4 92 92 11 70, www.lepetitfouet.fr). Small (as the name suggests), but cosy with an excellent host in Sebastien. Reliably great flavours from Lyon and the South-West, such as soupe à l'oignon or confit de canard.



In general, France does not do Indian food too well, but if in need of spice, a good option is **The Curry House** (tel. +33 4 92 92 96 98, www.curryhouse06.fr) which does a nice curry in a cute part of the Old Village.

A couple of interesting new additions in recent years...

Bohème (tel. +33 4 92 92 97 70, www.boheme-mougins.com) on the approach to the Old Village, serves an impressive array of steaks (amongst other dishes) cooked on an open barbecue all under the influence of a Peruvian chef.

Just further up on the same side of the road you will find **Da Laura** (tel. +33 4 92 99 06 31) serving very tasty Italian food where you will often find live music and sometimes some spectacular opera singers!

Outside the Old Village but still in Mougins

Another new addition to the restaurant scene in our area is **La Flora** (tel. +33 4 92 92 93 03, www.restaurant-laflora.com) on Avenue Saint Basile - turn left out of Chemin des Colles, and then left at the roundabout and it is on the left near our favourite bakery. Beautifully prepared and presented modern French cuisine with a delightful garden at the rear for those long summer lunches or evening meals.



Valbonne

A short drive north of Mougins will give you further dining options of in the delightful Medieval town of Valbonne. Lunch, on a sunny day in Valbonne, is very pleasant at any one of the restaurants in the central Place des Arcades.



For something more special, **Restaurant Daniel Desavie** (tel. +33 4 93 12 29 68, www.restaurantdanieldesavie.fr) has a well-earned reputation just outside of Valbonne.

Cannes

Just 6Km south of Mougins is bustling Cannes. Our favourite restaurants there include **Bistrot Gourmand** (tel. +33 4 93 68 72 02, www.bistrotgourmandcannes.fr) for inventive French food, and **La Môme** (tel. +33 4 93 38 60 95, www.lamomecannes.com) where you will find well-cooked and beautifully presented cuisine in a chic environment. In the same street, La Môme's sister restaurant, **Mido** (tel. +33 4 93 39 39 38, www.midocannes.com) serves excellent Japanese influenced cuisine. In the summer these two restaurants and the cocktail bar opposite spill out to meet in this pedestrianised street, just a few rows back from la Croisette.



Nice

Combine a day in Nice with lunch at **Le Plongeur** (tel. +33 4 93 26 53 02, www.leplongeur.com), just around from the port. A truly spectacular and unique setting.



Also in Nice, between Place Garibaldi and Port Lympia, you will find Yose, (tel. +33 9.83.46.43.21, www.yoserestaurant.fr) a fabulous Peruvian restaurant. A great place for a light lunch full of flavour.

Cap d'Antibes

In our opinion, the best beach restaurant in the area is at **Keller Plage** on the Cap d'Antibes (tel. +33 4 93 61 33 74, www.plagekeller.com). The raviolini aux artichauts and the salt -baked fish of the day are legendary! For a lighter lunchtime option, they also serve amazing salads.

